



# CAMPBELL LIFESTYLE ESTATE by LINCOLN PLACE

Newsletter SPRING 2023



# Hello Spring 2023

## Spring inspiration from our resident's gardens



## Community Welcome



It's been a busy Winter as we've welcomed the following residents into our growing Community

- Ian & Maureen - 12
- Patricia - 15
- Roger & Sharron - 81
- Ian & Pat - 54
- Peter & Patricia - 114
- Donna & James - 141
- Rose - 107
- Ron & Sandi - 8
- Ricky, Jo & Shirley - 11
- Jennifer & David - 7
- Jacqueline & Steve - 47
- Bev - 4
- Alan & Donna - 142
- Cathy & Paul - 83
- Marisa - 48
- Georgie - 122

Bowls Tournament  
& Open Day,  
all welcome!  
15 Sept  
10am - 3pm

# Community Update

## *Welcome to Kate Marquet*

Our new Assistant Community Manager Kate is settling in well, please join us in making her feel welcome. Kate's phone number is 0403 903 983.

## *New Branding*

You may have noticed our new Lincoln Place branding, new community logos, names and colours - a fresh look for our growing group of Communities. Feel at home is the message we are wishing to convey and our mission is to deliver thoughtfully designed land lease living communities which improve the standard of life for our residents. Campbell Estate is now known as Campbell Lifestyle Estate.

## *Caravan, Trailer & Boat Parking*

Expected to be completed mid-October. The area will be secured with surveillance cameras. A notice will be distributed to all residents this month with details on the storage fee. All existing caravan/trailers parked on the Estate will be provided 60 days notice to allow for the move to the storage area. A friendly reminder to all residents to please not enter the construction areas of the Estate.

## *WorkSpace*

Construction on the WorkSpace has begun with the expected completion date of end November 2023.

The WorkSpace will have a kitchenette for tea & coffee making facilities, toilets and air conditioning. There will be soundproof walls between the two sections of the Space with tables and seating. BYO tools.

The Space is designed for multiple purposes in mind to enable residents to use the space as they wish.



*Caravan /Trailer & Boat Parking Plan*

## **Social Committee Nominations Reminder**

A reminder the Community is formalising a Social Club. Nominations close 17th of September.



# Community Update continued...



## *The Campbell Lifestyle Estate TV Noticeboard*

The TV noticeboard is live, displaying on all the current activities in the Community. If you wish to add new information please see Kate or Simone so new visuals can be added such as bowling days, trivia events etc. The TV Channel number does vary depending on the brand of TV you own (usually 350 or 150), you can pick up the channel by scanning your tuner or you can view the televisions in the Clubhouse or see our pinboard outside the Community Office.

## *Pet Forms*

A reminder if you haven't already done so to please provide us with your Pet Forms and documents.

## *Doggie Waste*

Please remember to bring your doggie waste bags.

We've received recent complaints about residents not picking after their dogs.



## *No Wipes*

Products such as paper towel, tissues and wet wipes do not break down properly and can contribute to large blockages in our sewer wastewater system. Wipes cause blockages which not only can cause issues further up the line in your bathrooms, and overflows into the environment, they are also expensive to fix which means less funds for other improvements in the Community.

This is a reminder from Hunter Water to only ever flush the Three P's – pee, poo and (toilet) paper. NO WIPES of any kind please!

## *Bowling Green*

We have been busy setting up the Pavilion with new furniture and kitchenware. The Bowling Green is open for use from the 8th of September and the kitchenette will be open to residents on Monday afternoon the 11th of September.

A key to access to the kitchen will be placed in a coded lock box next to the kitchen door for residents. The code will be shared once in place.

Thank you to all the volunteer helpers for the Open Day, we are all lending a hand to help raise funds for the resident social kitty.

### Bowling Green Rules

- 1.No persons under the age of 18 are allowed on the green.
- 2.No glass allowed on the green.
- 3.Please ensure children are supervised at all times.
- 4.Please only bowl the balls, no throwing.
- 5.The greens are for bowls & croquet purposes only.
- 6.Appropriate shoes must be worn at all times.
- 7.No running.



# Recipe of the Month

## Chicken meatballs with couscous

**45m prep**   **25m cook**   **4 servings**

### Ingredients:

1 red onion, finely chopped  
2 cloves garlic, crushed  
500g chicken mince  
1 egg, lightly beaten  
1 cup dried breadcrumbs  
1/2 cup flat-leaf parsley, chopped  
1 tbsp extra virgin olive oil  
1/4 cup mild korma curry paste (store bought)  
2 x 400g cans diced tomatoes  
1/2 cup natural yoghurt  
Couscous, cooked, to serve



### Method:

#### Step 1

Combine onion, garlic, mince, egg, breadcrumbs and half the parsley in a bowl. Season. Roll into balls. Cover. Chill for 30 minutes.

## What we are reading

In an unexpected memoir written in a creative burst of 2022, actor and now author Sam Neill traces his journey from Northern Ireland to becoming a celebrated global actor, sharing anecdotes of collaborations with Meryl Streep, Sean Connery, and more.

Born in 1947, he discovered his passion for acting while in a Christchurch boarding school. His breakthrough in "Sleeping Dogs" led to roles in Gillian Armstrong's "My Brilliant Career," launching his diverse career spanning blockbusters like Jurassic Park to art house gems like "The Piano." "Did I Ever Tell You This?" blends humour, warmth, and insight, depicting his life outside film, including founding Two Paddocks vineyard.

A perceptive and wise memoir, it captures Neill's journey, making it a heartwarming, recommended read.



# Community Garden

The Community Garden is thriving with beautiful spinach, thyme, parsley and shallot onions ready to pick. The vegetables and herbs are fresher than supermarket produce and only cost a gold coin donation! Come to the Garden on any day between 9.00am and 12.00noon and the Garden Club will help you pick them.

Garden Club Day Each Friday 10am – 11:30am. Everyone Welcome



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*Refer a friend to receive a  
\$1,000 Visa Gift Card*

Refer someone to a Lincoln Place Lifestyle Estate and if they buy one of our new homes, you'll both be rewarded. You will receive a \$1,000 Visa Gift Card, & they will receive \$1,000 off the price of their home. There is no catch, you can refer as many people as you like. You don't have to be living at Lincoln Place to take advantage of this great offer\*. Visit [lincolnplace.com.au/referafriend](https://www.lincolnplace.com.au/referafriend) to find out more.



\*Some terms and conditions apply. <https://www.lincolnplace.com.au/referafriend>





# Current List of Resident Activities

## CRAFT GROUP

10am - 12pm every Tuesday in the Clubhouse.

## BINGO

10am - 12pm every Thursday in the Clubhouse.



## HAPPY HOUR

4pm every Thursday in the Clubhouse. BYO nibbles & drinks.

## MONTHLY BIRTHDAY CELEBRATION AFTERNOON TEA

3pm on the last Thursday of every month. Come to the Clubhouse for a shared afternoon tea to celebrate Community birthdays.

## COMMUNITY GARDEN

Each day from 9am – Noon and/or Garden Club Friday's 10am-11:30am.



## KARAOKE

5:30pm Last Friday of every month

September 29th is a Country & Western Theme & Pizza.

See Caroyln #149 if you wish to order pizza. No need to book if you are not ordering pizza



## Sudoku

2			3	6				
							3	
		3	2	4			9	
	2	7					1	
	3	1	6			9		
6		9	8	1		2		7
9	6	2	4			3		
1		5		3		4	2	
3	7	4		8	2	5	6	

## What we are watching

### NETFLIX



### LUPIN

A retelling of the classic French story about Arsène Lupin, the world-famous gentleman thief and master of disguise.

### ABC IVIEW



### THE ABC OF

Famous Australians delve deep into their past to uncover hidden archival gems, exploring how they changed Australia and how Australia changed them.

# Northern Coalfields Community Care



CARE COMMUNITY COMPASSION

**Thursday 28th September – 2.00pm**

**Where: Clubhouse**

Empowering Elderly Care Services in Cessnock: Choose NCCCA for Your wellbeing. Established in the heart of Cessnock, the Northern Coalfields Community Care Association (NCCCA) is dedicated to providing exceptional care and support to the elderly members of our community. At NCCCA, you are at the forefront of everything we do, and choosing us means selecting a seasoned provider that genuinely cares about your best interests.

Our comprehensive range of services is designed to enhance your independence, overall health, and well-being. Tailored to your individual needs, NCCCA's offerings encompass:

**Personal Care:** Receive assistance with your personal needs and dependable medication support.

**Domestic Assistance:** Ensure your home remains safe and clean with our reliable domestic aid.

**Meals:** Savor tasty, nutritious meals conveniently delivered to your doorstep.

**Social Support Individual:** Benefit from companionship and guidance, granting you access to our vibrant community centre.

**Social Support Groups:** Engage in planned group activities both within our purpose-built centre and throughout the local community, fostering connections and enjoyment.

**Transport:** Seamlessly reach appointments, social outings, and recreational activities with our reliable transportation services.

**Home Care Package:** Utilise your home care budget to access services dedicated to your health and well-being. Contact our helpful team today at (02) 4019 9700 to explore your options and embark on a journey of comprehensive care and support.

**Our Team will be onsite at Campbell Estate on 28th of September 2023 at 2pm to discuss our services with you. Looking forward to seeing you there!**

## Defibrillator & First Aid Information Session



Come along to the Clubhouse on  
Friday 29<sup>th</sup> September at 11.00am

Our resident Russell Lewis, will be  
running an information session on  
how to use a defibrillator and  
perform basic first aid.

# Lincoln Place Mates Rates

With the arrival of spring and warmer weather, it is time to think about a road trip. Lincoln Place Mates Rates - 50% discount off our Best Flexible Rate - are available to all Residents to visit our three Tourist Parks across ACT and NSW.

Nambucca River Tourist Park

[www.riverpark.com.au](http://www.riverpark.com.au)

p: 02 6568 1850

e: [reception@riverpark.com.au](mailto:reception@riverpark.com.au)

Sundown Villas Tourist Park

[www.sundownvillas.com.au](http://www.sundownvillas.com.au)

p: 02 6239 0333

e: [reception@sundownvillas.com.au](mailto:reception@sundownvillas.com.au)

Albury Gardens Tourist Park

[www.alburylv.com.au](http://www.alburylv.com.au)

p: 02 6040 6275

e: [info@alburylv.com.au](mailto:info@alburylv.com.au)



## T&Cs

- To secure your booking, please phone or email the contact details provided.
- The first night is payable at the time of booking, special periods including but not limited to Christmas and Easter is subject to blackout dates including school holidays.
- 50% discount off our Best Flexible Rate. No further discounts will apply when booking on this rate.
- Reservations can be amended or adjusted up until 48 hours prior to your scheduled arrival.
- Should you wish to cancel your booking you must notify the park 48 hours prior to your scheduled arrival. Deposits will only be refunded if the park is notified 48 hours prior to your scheduled arrival.
- If the notice of your cancellation is received within 48 hours to your scheduled arrival time, the park may retain all monies paid.
- If you do not arrive on your reservation date your booking will be cancelled without refund or credit.
- Name on the reservation must be the same as the credit cardholder's name and same individual must check-in for the stay.
- If you wish to reduce your nights booked after the commencement of your stay with us, we regret that we are unable to refund any monies paid.

## SEPTEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Craft Day 10am	6	7 Bingo 10am Thirsty Thursdays 3pm	8	9
10	11	12 Craft Day 10am	13	14 Bingo 10am Thirsty Thursday 3pm	15 Bowling Comp. & Open Day 10am -3pm	16
17	18	19 Craft Day 10am	20	21 Bingo 10am Thirsty Thursdays 3pm	22	23
24	25	26 Craft Day 10am	27	28 NCCCA Pres 2pm Bingo 10am Thirsty Thursdays 3pm	29 Defib/First Aid Session 11am 5:30pm Karaoke	30